

**ROBERT LAND ACADEMY**  
**CLOTHING AND EQUIPMENT LIST**  
**FOR NEW STUDENTS**

**What to Bring**

1. Running Shoes

It is imperative that students have good running shoes. Running shoes are designed to minimize injury and maximize form and function. Running shoes should meet the specific needs of each student. It is strongly recommended that the parent and student visit a sports store to have the student fitted for a proper pair of running shoes.

Do not be influenced to purchase fashionable indoor shoes. This is not necessary. Each student should have two pair of running shoes - one for outdoor use and one for indoor (gym) use.

If a student participates on the Varsity Basketball Team, a pair of basketball court shoes will be required.

Please be advised that the Academy will supply proper running shoes for students upon arrival at the parent's request or if the student's shoes are deemed unsuitable for our physical training programme. The cost of these will be deducted from the student's Tuck Account.

2. Athletic Support with Cup (jock strap)

3. Compact Sleeping Bag

3 season/good to -15 degrees Celsius

The sleeping bag may be required for certain out-trips. It is optional - the Academy has a selection of sleeping bags which may be loaned to the student, however if the student prefers to bring their own it should comply with the above requirements

4. Book of Worship (optional)

5. Translation Dictionary

If English is not a student's first language a dictionary with their first language translated to English is needed ie Cantonese/English, German/English, etc.

**What We Provide (charged through the Tuck Account)**

**Uniforms** – all clothing for daily use, physical activity, and attire for leaving and arriving at the Academy as well as winter attire

**Shoes** – all footwear except for running shoes, including shower sandals

**Undergarments** – all socks, underwear, sleeping clothes, etc.

**Toiletries** – shampoo, body wash, shaving needs, toothbrush, towels, etc.

**School Supplies** – binders, paper, pens, calculators, school bag, water bottle etc.

**NOTE: No other clothing or items are required or permitted without Academy approval. All students will be measured and fitted for the Academy attire.**

## What NOT To Bring

### 1. Electronic Devices

All portable personal electronic devices including smart phones, tablets, laptops, video games etc. are considered contraband and are not to arrive with students.

**International Students** – for the purpose of travelling International Students are permitted to bring a cell phone and charger which will be stored by the Academy and issued to the student when he is travelling home.

### 2. Musical Instruments

Musical instruments and equipment may be allowed by the Academy later in the year as a privilege earned.

### 3. Jewellery

No jewellery (watches, bracelets, rings, etc.) is allowed at the Academy with the exception of Medical Identification Alerts. Watches, as a privilege earned, may be purchased through the Academy only.

### 4. Personal Toiletries

Hair gel, cologne, body spray, etc. are not permitted

## Important Information

Any clothing or personal items that are not on the “what to bring list” that arrive with students will be considered contraband and confiscated. The “what not to bring” list should not be considered a complete and exhaustive list of items not permitted.

The Academy is not responsible for the storage or return of contraband. Any return of contraband by mail or special delivery will be either billed to the Tuck Account or sent home COD.

It is important that parents and students are aware of their responsibility regarding the clothing and equipment issued. Items lost or stolen will be reissued and charged to the Tuck Account. Items abused and damaged beyond day-to-day use will be charged to the Tuck Account.

New students will be supervised in the proper identification of all of their personal and issued clothing and equipment.

Students may bring their wallet which will be stored in lock-up and returned to the student for travelling.

## Arriving at the Academy

When arriving at the Academy for the first time students are to wear presentable, casual clothing. No jeans, ripped or torn clothing, inappropriate logos or sayings and no jewellery of any kind.

**If you have questions or require more information  
please call the Academy at 905-386-6203**

(Revised January 2019)